

WORKSHOP MENU

Workshops run from 1:15-4:00pm in O'Connell Hall

There are 4, 30-minute sessions, each with 6 workshop options.

Each presenter will give the same, 30-minute workshop twice (back-to-back), in the same room, with a 15-minute break in between.

Choose one workshop for each session (4 total).

SESSION 1: 1:15-1:45PM

SESSION 2: 2:00-2:30PM

WORKSHOP OPTIONS FOR SESSIONS 1 & 2:

ROOM 101

ROOM 102

ROOM 106

ROOM 107

ROOM 119

ROOM 125

Family -
We are One Body
(Rick Ahmann)

The Celestial Choir:
the organ's vocal role
within the Mass
(Dr. Jonathan Embry)

Sports &
Spirituality
(Fr. Chris Lebsock)

A Living Monstrance:
The Procession as an
Image of Our Lives
(Sr. Jude Andrew, OP)

You Proclaim His Death:
A Brief Catechesis on
the Eucharist
(Dr. Brian Barrett)

Staying Catholic
in College
(Jessica Figoni)



**Rick Ahmann
(Room 101)**

Family - We are One Body

Rick Ahmann and his wife, Jennifer, hold a "quiver-full"

with seven sons. Their family has been the focus of a life in Faith that was timely rekindled both by Jen's coming into the Church in 2001 and with Rick's attendance at a Cursillo weekend in 2007. The presentation, "Family - We are One Body", will reflect how family can lead us closer to the Eucharistic Lord. In salvation history, while chaos ensues all around, Christ asks us to be centered on Him as our rock and refuge. The more we empty ourselves of our pride and ego, the more room we have for Him in our lives.



**Jonathan Embry, D.Mus
(Room 102)**

The Celestial Choir: the organ's vocal role within the Mass

Jonathan Embry, D.Mus., is the

director of music and principal organist at the Cathedral of St. Helena in Helena, Montana. Jonathan earned his doctorate in music from McGill University in Montreal and his Masters in Sacred Music from the University of Notre Dame in South Bend, Indiana. While on a McGill travel grant to Germany, Jonathan did research on North German sacred organ and choral music and played historic organs in Lübeck and Hamburg. As a performer, he has played throughout the United States, Canada, Lithuania and Russia. His presentation introduces the history of the organ's symbolic role in the Mass and the parallels between the organ and the human voice. It will also suggest the ways organists understand and maintain this tradition in contributing to the mystery of the Eucharist.



**Fr. Chris Lebsock
(Room 106)**

Sports & Spirituality

Fr. Christopher Lebsock is a priest of the Diocese of Helena,

currently serving as pastor of Ss. Cyril and Methodius Catholic Church in East Helena and adjunct faculty of Catholic Studies at Carroll College. While in college, a close friend of his, a cross-country runner, would often debate the superiority of cross-country over football as analogous to the spiritual life and effective in progressing one's relationship with Jesus Christ. We will engage this debate!



**Sr. Jude Andrew, OP
(Room 107)**

Lost, All Lost in Wonder: Living a Life of Eucharistic Amazement

St Thomas Aquinas' lovely prayer

the Adoro Te includes this line: "Lost, all lost in wonder at the God Thou art," an apt description of the Eucharistic amazement Pope St. John Paul II wanted to rekindle in the Eucharist. This talk will look at the theme of amazement and wonder in light of the Eucharist, including Christ's own amazement, and what it means for us to be "lost, all lost in wonder" before the Eucharistic Lord.



**Dr. Brian Barrett
(Room 119)**

You Proclaim His Death: a Brief Catechesis on the Eucharist

Drawing on the Catechism and

Sacramentum Caritatis, this talk will offer a reflection on a basic mystery of the Eucharist: the unique sacrifice of Christ and the union of those drawn into it. Dr. Barrett is the principal of St. Andrew School and the director of academic formation for the Diocese of Helena's Permanent Diaconate Program. His wife, Dr. Hannah Hemphill, is an Asst. Professor in the Catholic Studies Program at Carroll College. They have three daughters and live in Helena.



**Jessica Figoni &
MSU FOCUS MISSIONARIES**

(Room 125)

Staying Catholic in College

Come get real with the

MSU FOCUS Missionaries about life after high school, how to thrive and keep your relationship with God alive in the college environment, and so much more. We lived it as student's on public universities and are now serving on them as missionaries. We're ready to answer questions and get real about what to expect out of your college experience.

View Next Page for Details on Sessions 3 & 4

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SESSION 3: 2:45-3:15PM

SESSION 4: 3:30-4:00PM

WORKSHOP OPTIONS FOR SESSIONS 3 & 4:

ROOM 101	ROOM 102	ROOM 106	ROOM 107	ROOM 119	ROOM 125
Eucharist and Politics - Good for the Soul (Matt Brower)	Restorative Health & the Eucharist (Meredith Krutar)	Relationship, Identity, Mission (Fr. Connor Danstrom)	Lost, All Lost in Wonder (Sr. Jude Andrew, OP)	Eucharistic Miracles (Laura Toeckes)	Heroes: Reality vs. Fiction (CYC Board)



Matt Brower
(Room 101)

The Eucharist and Politics - Good for the Soul

Sessions 3 & 4

As Executive Director for the Montana Catholic Conference, Matt advises Montana's Catholic Bishops on matters of public policy and represents them before state and federal lawmakers. A proud husband and father of two young girls, in addition to being a licensed attorney he also holds a degree in theology from the University of Notre Dame. Matt's presentation will explore the profound connection between the Eucharist, our mission to live as a "Eucharistic people" and how that mission compels us to live out our faith in our political and civic engagement.



Dr. Meredith Krutar
(Room 102)

Restorative Health & the Eucharist

Sessions 3 & 4

Meredith Krutar, is the wife of Eric, and together they have 7 children. She is also a family nurse practitioner, medical and education consultant, and speaker. She has been teaching nursing as Associate Professor at Carroll College for 12 years. Meredith will share how the Eucharist has deepened her faith by uniting her more closely to Jesus Christ as she traces her conversion story through the lens of infertility, family, miscarriage, and cancer. She will also reflect how these experiences have influenced her work and spirituality in the area of restorative reproductive medicine.



Fr. Connor Danstrom
(Room 106)

Relationship, Identity, Mission

Sessions 3 & 4

Jesus came not to give us instructions on how to live, but to invite us into His own blessed life with the Father. Ordained in 2014, Fr. Connor Danstrom is a priest of the Archdiocese of Chicago. He has served as associate pastor of St. Benedict Parish in Blue Island, IL, and as director and chaplain of the St. John Paul II Newman Center at UIC. In this workshop, Fr. Connor will encourage you to put relationship ahead of mission, which is actually what is needed for mission to truly flourish.



Sr. Jude Andrew, OP
(Room 107)

Living Monstrance: The Procession as an Image of our Lives

Sessions 3 & 4

St. Gianna Molla once said, "Our body is a cenacle, a monstrance: through its crystal the world should see God." Tomorrow, the Congress will end with a Eucharist Procession, a powerful liturgical sign of the presence and power of Christ in the world. This talk will look at the rich symbolism of processions in the liturgy, and how we are called to live our whole lives as if we were a living monstrance.



Laura Toeckes
(Room 119)

Eucharistic Miracles

Sessions 3 & 4

Did you know there have been 100's of miracles involving the Eucharist in the last 2000 years!? Did you know that it took a teenager to build a website and visit the sights so we could learn about them? Come be inspired by Bl. Carlo Acutis and the Eucharistic Miracles he compiled. Hosted by Laura Toeckes, mom, farm wife and youth minister in Fairfield and Choteau.



CYC Board Members: Grace Stecker, & Gabby Wine
(Room 125)

Heroes: Reality vs. Fiction

Sessions 3 & 4

Join us in a deep dive on the connections between our favorite fictional heroes with our *real* heroes - the Saints. We will explore the real-life stories of the miracles and challenges of the Saints and how they compare to the fictional stories that we see on screens and in books in our current culture. Come prepared to test your knowledge of your favorite Saints and fictional heroes!

View Next Page for Details on Sessions 1 & 2